

## COLUMBIA-SUICIDE SEVERITY RATING SCALE

*Screen with Triage Points for Schools*

<b>ANY STUDENT WITH A YES ON THIS FORM SHOULD BE REFERRED TO COUNSELING</b>	<b>Past month</b>	
<b>Ask questions that are in bold and underlined.</b>	<b>YES</b>	<b>NO</b>
<b>Ask Questions 1 and 2</b>		
<b>1) <u>Have you wished you were dead or wished you could go to sleep and not wake up?</u></b>		
<b>2) <u>Have you actually had any thoughts of killing yourself?</u></b>		
<b>If YES to 2, ask questions 3, 4, 5, and 6. If NO to 2, go directly to question 6.</b>		
<b>3) <u>Have you been thinking about how you might do this?</u></b> <i>e.g. "I thought about taking an overdose but I never made a specific plan as to when where or how I would actually do it....and I would never go through with it."</i>		
<b>4) <u>Have you had these thoughts and had some intention of acting on them?</u></b> <i>as opposed to "I have the thoughts but I definitely will not do anything about them."</i>		
<b>5) <u>Have you started to work out or worked out the details of how to kill yourself? Did you intend to carry out this plan?</u></b>		
<b>6) <u>Have you ever done anything, started to do anything, or prepared to do anything to end your life?</u></b> <i>Examples: Took pills, tried to shoot yourself, cut yourself, or hang yourself, took out pills but didn't swallow any, held a gun but changed your mind or it was grabbed from your hand, went to the roof but didn't jump, collected pills, obtained a gun, gave away valuables, wrote a will or suicide note, etc.</i>		<b>Lifetime</b>
<b>If YES, ask: <u>Was this within the past 3 months?</u></b>		<b>Past 3 Months</b>

**Key – Yellow = Low Risk    Orange = Moderate Risk    Red = High Risk**

### Response Protocol to C-SSRS Screening

- Item 1 Behavioral Health Referral – Submit Counseling referral at <https://www.occc.edu/support/counseling/>
- Item 2 Behavioral Health Referral – Call SAS office at 405-682-7520 and submit counseling referral form.
- Item 3 Behavioral Health Referral – Call SAS office at 405-682-7520 and let staff know there is a moderate risk on this.
- Item 4 Student Safety Precautions – Call campus police at 405-682-7872.
- Item 5 Student Safety Precautions – Call campus police at 405-682-7872.
- Item 6 Behavioral Health Referral – Call SAS office at 405-682-7520 and let staff know there is a moderate risk on this.
- Item 6 3 months ago or less: Student Safety Precautions – Call campus police at 405-682-7872.

**DO NOT LEAVE A HIGH RISK STUDENT ALONE. STAY WITH THEM UNTIL HELP ARRIVES.**

- **After hours instead of calling SAS, please contact campus police at 405-682-7872.**
- **For all instances above, please complete a counseling referral form. Go to <https://www.occc.edu/support/counseling/>**

**If you have any questions or concerns, please contact Kevin Eddings at 405-682-7520 or [kevin.eddings@occc.edu](mailto:kevin.eddings@occc.edu).**

**TRAINING: <https://www.youtube.com/watch?v=epTDFv3uwc>**