

## Occupational Therapy Assistant - Flex Track ++

### Associate in Applied Science

*Minimum of 72-73 credit hours*

In this career you will assist individuals, who experience physical, cognitive, social, developmental and/or emotional challenges, to functionally engage in performance of daily occupations in self care, productivity, and leisure. Additionally you will guide individuals in adapting to and with their environment by providing the necessary skills for daily living. Your prerequisite beliefs and values should include patience, appreciation of diversity, creativity, flexibility, and the willingness to adapt to change. At Oklahoma City Community College, you can earn an associate degree in applied science in the occupational therapy assistant program. You'll also get hands-on experience in a variety of clinical settings.

The OTA Program incorporates through the first semesters (including Summers) Level I Fieldwork experiences in a variety of clinical settings which reinforce in-class instruction. During the last semesters of the OTA Program, students participate in two (2) separate Level II Fieldwork placements which are eight (8) weeks each.

The Occupational Therapy Assistant Program is accredited by the Accreditation Council for Occupational Therapy Education (ACOTE) of the American Occupational Therapy Association (AOTA). Graduates of the program will be eligible to sit for the National Certification Examination for the Occupational Therapy Assistant administered by the National Board for Certification in Occupational Therapy (NBCOT). After successful completion of this exam, the individual will be a Certified Occupational Therapy Assistant (COTA). In addition, most states require licensure to practice; however, state licenses are usually based on the results of the NBCOT Certification Examination.

A felony conviction may affect a graduate's ability to sit for the NBCOT Certification Examination or attain state licensure. Oklahoma requires state licensure based on successful completion of the national exam.

ACOTE at AOTA

4720 Montgomery Lane, Suite 200

Bethesda, MD, 20814-3449

(301) 652-AOTA

<http://www.acoteonline.org>

NBCOT

12 South Summit Avenue, Suite 100

Gaithersburg, MD, 20877-4150

(301) 990-7979

Fax (301) 869-8492

<http://www.nbcot.org>

Oklahoma State Board of Medical Licensure and Supervision

P.O. Box 18256

Oklahoma City, OK 73154-0256

(405) 962-1400

<http://www.okmedicalboard.org/>

Courses identified by "C" within a program curriculum pattern must be completed with a grade of "C" or better by students majoring in this program.

### Course Sequence

Course ID	Course Name	Credits	Type	Min Gd
<b>Term 1</b>				
BIO 1314	Human Anatomy and Physiology I	4	Support	C
OTA 1123	Historical and Contemporary Foundations in Occupational Therapy	3	Major	C
SCL 1001	Success in College and Life	1	Life Skills	
<b>Term 2</b>				
OTA 1223	Human Conditions Impacting Occupation	3	Major	C
ENGL 1113	English Composition I	3	Gen Ed	
<b>Term 3</b>				
OTA 1112	Application of Leisure Occupation	2	Major	C
BIO 1414	Human Anatomy and Physiology II	4	Support	C
<b>Term 4</b>				
PSY 1113	General Psychology	3	Gen Ed	
OTA 1213	Movement and Therapeutic Interventions	3	Major	C
<b>Term 5</b>				
OTA 1122	Performance in Activities of Daily Living	2	Major	C
SOC 2143	Race and Ethnicity in the U.S.	OR	Gen Ed	
SOC 1113	Introduction to Sociology	3	Gen Ed	
<b>Term 6</b>				
PSY 2403	Developmental Psychology	3	Support	C
OTA 1233	Occupational Performance Birth Through Adolescence	3	Major	C
<b>Term 7</b>				
OTA 1252	Group Dynamics	2	Major	C
ENGL 1233	Technical Writing for the Workplace	3	Gen Ed	
<b>Term 8</b>				
OTA 1242	Occupational Therapy Service Skills	2	Major	C
HIST 1493	U.S. History 1877 to Present	3	Gen Ed	
<b>Term 9</b>				
OTA 1263	Occupational Performance Adult Lifespan	3	Major	C
<b>Term 10</b>				

Course ID	Course Name	Credits	Type	Min Gd
OTA 2153	Occupational Therapy for Psychosocial Conditions	3	Major	C
MATH 1503	Contemporary Mathematics	3	Support	C
<b>Term 11</b>				
OTA 2164	Occupational Therapy for Physical Conditions	4*	Major	C
<b>Term 12</b>				
OTA 2164	Occupational Therapy for Physical Conditions	*	Major	C
OTA 2141	Special Topics and Fieldwork	1	Major	C
POLSC 1113	American Federal Government	3	Gen Ed	
<b>Term 13</b>				
OTA 2253	Fieldwork II A	3	Major	S
<b>Term 14</b>				
OTA 2263	Fieldwork II B	3	Major	S
OTA 2143	Professional Development and Support	3	Major	C
<b>*16-week course offered during two 8-week terms</b>				

## Course Grouping

\*Major Courses: (40 credit hours) Occupational Therapy Assistant Program: OTA 1112; OTA 1122; OTA 1123; OTA 1213; OTA 1223; OTA 1233; OTA 1242; OTA 1252; OTA 1263; OTA 2141; OTA 2143; OTA 2153; OTA 2164; OTA 2253; OTA 2263

General Education Courses: (18 credit hours) English: ENGL 1113; ENGL 1233; Psychology: PSY 1113; History: HIST 1493; Sociology: SOC 2143 OR SOC 1113; Political Science: POLSC 1113

Life Skills Courses: Life Skills: SCL 1001

\*\*Support Courses: (14 credit hours) Biology: BIO 1314; BIO 1414; Psychology: PSY 2403; Mathematics: MATH 1503

\*All major courses require a minimum of a "C" grade with the exception of OTA 2253 and OTA 2263. OTA 2253 and OTA 2263 require a grade of "S."

\*\*Support courses require a minimum of a "C" grade.

## Program Notes

Notes: This Technical and Occupational program is designed to prepare students to enter the job force following completion. See Technical and Occupational Programs in the general information section of the catalog.

For application procedures please see our web page at:

[www.occc.edu/academics/programs/occupational-therapy-assistant.html](http://www.occc.edu/academics/programs/occupational-therapy-assistant.html)

++Special Admissions Procedures: All Health Professions students are required to submit a nationwide background and pre-placement drug testing prior to clinical/fieldwork. More information will be distributed upon acceptance into your respected program.

All major courses have a clinical component that requires purchase of medical liability insurance, a clinical uniform and a completed health packet.

It is required that all OTA students complete Level II fieldwork within 18 months following completion of the academic preparation.

Degree Program Course Descriptions

**BIO 1314 - Human Anatomy and Physiology I**

*Prerequisites: ENGL 0203 or adequate placement score or by meeting determined placement measures; MATH 0103 or adequate math placement. An adequate biology placement test score or BIO 0123 or a college-level biological science class.*

4 Credits Through a systematic study of the structure and function of the human body, its cells, tissues, organs and systems, the student will identify and describe basic anatomical structures and fundamental physiological processes that occur in health and disease for the major body systems. Laboratory work which requires dissection is an integral and required part of the course.

**BIO 1414 - Human Anatomy and Physiology II**

*Prerequisites: BIO 1314 with a grade of "C" or higher*

4 Credits With Human Anatomy & Physiology I as a foundation, the student will advance his or her study of the structure and function of the human body and will identify and describe more detailed anatomical structures and more comprehensive physiological processes that occur in health through a systematic survey of the major body systems. Laboratory work which requires dissection is an integral and required part of the course.

**ENGL 1113 - English Composition I**

*Prerequisites: ENGL 0203, adequate placement score, or by meeting determined placement measures*

3 Credits The student will write well-developed compositions which demonstrate the principles of unity, coherence, and organization and which contain specific details and vivid language. The students will locate library material and incorporate researched materials into compositions.

**ENGL 1233 - Technical Writing for the Workplace**

*Prerequisites: ENGL 1113 or ENGL 1103; MATH 0203 College Prep Math II or adequate Math Placement Test Score*

3 Credits This course will expose students to technical communication and will allow students to practice professional methods of writing in the workplace. In addition to constructing technical documents appropriate for use in professional and job-related environments, students will learn about rhetorical methods for presenting technical information in ethical and formal prose designed for clear and effective communication with employers and colleagues. This course will equip the student with written and oral communication

skills necessary for sharing information and discussing content in professional settings; developing an awareness of technical genres; utilizing technological platforms for constructing documents; using visuals and graphics professionally; writing professional correspondence; constructing reports; designing project proposals; and composing instructions. This course satisfies the computer proficiency requirement.

**HIST 1493 - U.S. History 1877 to Present**

*Prerequisites: ENGL 0203, adequate placement score, or by meeting determined placement measures*

3 Credits After analyzing events in American history from 1877 to the present in such areas as geographic and social mobility, political reform, government precedents and war, students will be able to identify patterns of present day mobility, describe governmental operations in their society and help resolve conflict in society based on the student's search for change, precedents, and conflict in the American past. A general education requirement.

**MATH 1503 - Contemporary Mathematics**

*Prerequisites: MATH 0313 or adequate math placement. Pre or Co-requisite ENGL 1113 or ENGL 1103*

3 Credits A study of the mathematics needed for critical evaluation of quantitative information and arguments (including logic, critical appraisal of graphs and tables); use of simple mathematical models, and an introduction to elementary statistics. This course satisfies the computer proficiency requirement.

**OTA 1112 - Application of Leisure Occupation**

*Prerequisites: Satisfied through the health profession application process*

2 Credits Through study, discussion, and classroom/laboratory activities, the student will (1) demonstrate basic skills in techniques, procedures, and activity analysis of selected leisure occupations, (2) identify performance components involved in leisure occupations, (3) select appropriate activities and skills for health maintenance and/or remediation based upon various client factors and contexts, and (4) instruct an individual in a selected activity ensuring proper tool, materials, and safety usage. Level I fieldwork is included in the course.

**OTA 1122 - Performance in Activities of Daily Living**

*Prerequisites: OTA 1112; OTA 1123*

2 Credits Through study, discussion, and classroom/laboratory activities, the student will demonstrate basic skill in techniques and procedures of activities of daily living and activity analysis. The student will demonstrate knowledge of environmental adaptation for a variety of client factors and contexts in the areas of activities of daily living. Level I fieldwork is included in the course.

**OTA 1123 - Historical and Contemporary Foundations in Occupational Therapy**

*Prerequisites: Satisfied through the health profession application process*

3 Credits Through study, discussion, and field observation/participation, the student will (1) investigate a career choice in Occupational Therapy (2) gain an appreciation for The Model of Human Occupation (3) develop an understanding of the history and philosophy of Occupational Therapy with major emphases on contemporary roles, practice and functions and (4) investigate the role of the Occupational Therapy Assistant as part of the health care team. Level I fieldwork is included in the course.

**OTA 1213 - Movement and Therapeutic Interventions**

3 Credits Through study, discussion, and classroom/laboratory activities, the student will apply assessment and evaluation concepts to human movement. The student will also develop an understanding of the various types of therapeutic interventions utilized in Occupational Therapy. Concepts and considerations in the use of orthotics and modalities are included in the course.

**OTA 1223 - Human Conditions Impacting Occupation**

*Prerequisites: Pre or Corequisite: OTA 1112; OTA 1123; BIO 1314; SOC 2143*

3 Credits Through study, discussion, and classroom presentation of human conditions, the student will develop an understanding of how each condition by itself, or with others, impacts an individual's daily occupation, family, and/or community. The student will also develop a basic understanding of medical terminology.

**OTA 1233 - Occupational Performance Birth Through Adolescence**

3 Credits Through study, discussion, and classroom/laboratory activities, the student will examine the development of sensory motor, cognitive, and psychosocial skills necessary for an individual's occupational performance from birth through adolescence. The student will also acquire and demonstrate Occupational Therapy skills and techniques

used in therapeutic intervention for selected deficits impacting occupational performance. Level I fieldwork is included in the course.

## **OTA 1242 - Occupational Therapy Service Skills**

2 Credits Through study, discussion, and classroom activities, the student will (1) examine and discuss medical and legal aspects of intervention service programs (2) identify various types of medical and institutional records (3) apply skills in data gathering (4) effectively utilize various assessment tools and evaluations for intervention planning (5) demonstrate proper documentation utilizing verbal and written reports.

## **OTA 1252 - Group Dynamics**

2 Credits Through study, discussion, and classroom/laboratory activities, the student will gain an understanding of group dynamics including the role of a group leader or facilitator. The student will demonstrate proficiency in using methods and materials for planning, organizing, and leading activities for groups of various sizes and ages in a variety of social and clinical/therapeutic situations.

## **OTA 1263 - Occupational Performance Adult Lifespan**

3 Credits Through study, discussion, and classroom/laboratory activities, the student will examine the occupational performance, personal adaptation, work, leisure, and role changes occurring from early adulthood through the aging process. The student will examine the role of Occupational Therapy in wellness, aging in place, and end of life issues. Level I fieldwork is included in the course.

## **OTA 2141 - Special Topics and Fieldwork**

1 Credit Through study, discussion, and classroom activities, the student will become familiar with Level II fieldwork expectations, performance evaluations, and the roles of the supervisor/supervisee. The student will also investigate personal topics specific to future Level II fieldwork assignments.

## **OTA 2143 - Professional Development and Support**

3 Credits Through study, discussion, and classroom activities, the student will develop an understanding and application of concepts in administration, supervision, ethics, licensure, certification, and ongoing professional development in Occupational Therapy. The student will also demonstrate an understanding of the evolution of healthcare in the United States along with the norms and practices of diverse cultures as they relate to the delivery of healthcare services. This

course satisfies the computer proficiency requirement.

## **OTA 2153 - Occupational Therapy for Psychosocial Conditions**

3 Credits Through study, discussion, and classroom/laboratory activities, the student will be able to implement Occupational Therapy intervention plans with individuals impacted by specific psychosocial conditions. Level I fieldwork is included in the course.

## **OTA 2164 - Occupational Therapy for Physical Conditions**

4 Credits Through study, discussion, and classroom/laboratory activities, the student will be able to implement Occupational Therapy intervention plans with individuals impacted by specific physical conditions. Level I fieldwork is included in the course.

## **OTA 2253 - Fieldwork II A**

3 Credits The student will successfully complete eight weeks in an approved facility offering supervised Level II fieldwork experiences in the application of learned principles to the delivery of Occupational Therapy services.

## **OTA 2263 - Fieldwork II B**

3 Credits The student will successfully complete eight weeks in an approved facility offering supervised Level II fieldwork experiences in the application of learned principles to the delivery of Occupational Therapy services. Fieldwork sites are different from Fieldwork II A and are utilized to broaden the student's Level II experiential background.

## **POLSC 1113 - American Federal Government**

*Prerequisites: ENGL 0203, adequate placement score, or by meeting determined placement measures*

3 Credits A study of the principles, structure, processes and functions of the United States federal government.

## **PSY 1113 - General Psychology**

*Prerequisites: ENGL 0203, adequate placement score, or by meeting determined placement measures*

3 Credits A survey of the major areas of study in psychology such as motivation, learning, physiology, personality, social psychology, abnormal behavior, perception, memory, cognition/thought, and treatment.

## **PSY 2403 - Developmental Psychology**

*Prerequisites: PSY 1113*

3 Credits A theoretical and research-based course that covers social, emotional, physical and cognitive aspects of human development throughout the life-span.

## **SCL 1001 - Success in College and Life**

*Prerequisites: ENGL 0106 or adequate reading/writing assessment scores*

1 Credit Students will learn best practices for academic, career, and personal success. Students will discover their individual strengths, interests, and values to create a personalized plan; select and utilize resources that are applicable to their growth and success; and engage as active and responsible members of the academic community. This course should be taken during a student's first semester of college work at Oklahoma City Community College and is a required course in degree plans to satisfy the Life Skills requirement.

## **SOC 1113 - Introduction to Sociology**

*Prerequisites: ENGL 0203, adequate placement score, or by meeting determined placement measures*

3 Credits The student will identify the sociological dimensions of human behavior by analyzing the concepts of society, culture, socialization, institutions, social stratification and social change.

## **SOC 2143 - Race and Ethnicity in the U.S.**

*Prerequisites: ENGL 0203, adequate placement score, or by meeting determined placement measures*

3 Credits This course examines sociological theories of contact between minority and majority groups in a multicultural society, including topics such as prejudice, discrimination, acculturation, and pluralism.