

Therapeutic Exercise I

PTA 1224

DEGREE PROGRAM COURSE DESCRIPTIONS

The student will apply biomechanical principles of human motion to progress basic exercise programs to complex exercise programs. The student will understand the purposes, indications, and contraindications for exercise. The student will be able to apply the principles of therapeutic exercise to a wide variety of orthopedic conditions, monitor the effectiveness of the exercise, and progress the patient's exercise program within the plan of care established by the physical therapist.

PREREQUISITES?

PTA 1013, PTA 1023, PTA 1213; Corequisites: PTA 2014, PTA 1112, BIO 2102

CREDIT HOURS

4