Occupational Therapy Assistant - FlexTrack
Associate in Applied Science

Minimum of 72-73 credit hours

In this career you will assist individuals, who experience physical, cognitive, social, developmental and/or emotional challenges, to functionally engage in performance of daily occupations in self care, productivity, and leisure. Additionally you will guide individuals in adapting to and with their environment by providing the necessary skills for daily living. Your prerequisite beliefs and values should include patience, appreciation of diversity, creativity, flexibility, and the willingness to adapt to change. At Oklahoma City Community College, you can earn an associate degree in applied science in the occupational therapy assistant program. You’ll also get hands-on experience in a variety of clinical settings. The OTA Program incorporates through the first semesters (including Summers) Level I Fieldwork experiences in a variety of clinical settings which reinforce in-class instruction. During the last semesters of the OTA Program, students participate in two (2) separate Level II Fieldwork placements which are eight (8) weeks each. The Occupational Therapy Assistant Program is accredited by the Accreditation Council for Occupational Therapy Education (ACOTE) of the American Occupational Therapy Association (AOTA). Graduates of the program will be eligible to sit for the National Certification Examination for the Occupational Therapy Assistant administered by the National Board for Certification in Occupational Therapy (NBCOT). After successful completion of this exam, the individual will be a Certified Occupational Therapy Assistant (COTA). In addition, most states require licensure to practice; however, state licenses are usually based on the results of the NBCOT Certification Examination. A felony conviction may affect a graduate's ability to sit for the NBCOT Certification Examination or attain state licensure. Oklahoma requires state licensure based on successful completion of the national exam. ACOTE at AOTA, 4720 Montgomery Lane, Suite 200, Bethesda, MD, 20814-3449, (301) 652-AOTA and web address is www.acoteonline.org. NBCOT, 12 South Summit Avenue, Suite 100, Gaithersburg, MD, 20877-4150, (301) 990-7979, Fax (301) 869-8492, Oklahoma State Board of Medical Licensure and Supervision, P.O. Box 18256, Oklahoma City, OK 73154-0256, (405) 962-1400. Courses identified by "C" within a program curriculum pattern must be completed with a grade of "C" or better by students majoring in this program.

Course Sequence

<table>
<thead>
<tr>
<th>Suggested ID</th>
<th>Course Name</th>
<th>Credits</th>
<th>Type</th>
<th>Min Gd</th>
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<tr>
<td>Suggested Entry Fall Semester</td>
<td>Human Anatomy and Physiology I</td>
<td>4</td>
<td>Support</td>
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<tr>
<td>Suggested First Year Spring (1st) Semester</td>
<td>Historical and Contemporary Foundations in Occupational Therapy</td>
<td>3</td>
<td>Major</td>
<td>C</td>
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<tr>
<td>OTA 1122</td>
<td>Human Conditions Impacting Occupation</td>
<td>3</td>
<td>Major</td>
<td>C</td>
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<td>ENGL 1113</td>
<td>English Composition I</td>
<td>3</td>
<td>Gen Ed</td>
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<td>SCL 1001</td>
<td>Success in College and Life</td>
<td>1</td>
<td>Support</td>
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<td>Suggested First Year Summer (2nd) Semester</td>
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<td>Support</td>
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<td>Race and Ethnicity in the U.S.</td>
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<td>Occupational Performance Birth Through Adolescence</td>
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<td>OTA 1233</td>
<td>Movement and Therapeutic Interventions</td>
<td>3</td>
<td>Major</td>
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<td>PSY 2403</td>
<td>Developmental Psychology</td>
<td>3</td>
<td>Support</td>
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<td>Suggested Second Year Summer (5th) Semester</td>
<td>Occupational Therapy Service Skills</td>
<td>2</td>
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<td>OTA 1242</td>
<td>Group Dynamics</td>
<td>2</td>
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<td>ENGL 1233</td>
<td>Technical Writing for the Workplace</td>
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<td>Occupational Performance Adult Lifespan</td>
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<td>OTA 1263</td>
<td>Occupational Therapy for Psychosocial Conditions</td>
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<td>MATH 1503</td>
<td>Contemporary Mathematics</td>
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<td>Support</td>
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<td>Suggested Third Year Spring (7th) Semester</td>
<td>Special Topics and Fieldwork</td>
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<td>OTA 2141</td>
<td>Occupational Therapy for Physical Conditions</td>
<td>4</td>
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<td>POLSC 1113</td>
<td>American Federal Government</td>
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<td>Gen Ed</td>
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<td>Fieldwork II A</td>
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<td>OTA 2253</td>
<td>Fieldwork II B</td>
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<td>Suggested Third Year Fall (9th) Semester</td>
<td>Fieldwork II B</td>
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Course Grouping

Major Courses: (40 credit hours) ++Occupational Therapy Assistant Program: OTA 1112; OTA 1122; OTA 1123; OTA 1213; OTA 1223; OTA 1233; OTA 1242; OTA 1252; OTA 1263; OTA 2141; OTA 2143; OTA 2153; OTA 2164; OTA 2253; OTA 2263

General Education Courses: (18 credit hours) English: ENGL 1113; ENGL 1233; Psychology: PSY 1113; History: HIST 1493; Sociology: SOC 2143; Political Science: POLSC 1113

Life Skills Courses: NONE
Support Courses: (15 credit hours) Biology: BIO 1314; BIO 1414; Psychology: PSY 2403; Mathematics: MATH 1503; Life Skills: SCL 1001
All major courses require a minimum of a "C" grade with the exception of OTA 2253 and OTA 2263.

Program Notes
Notes: This Technical and Occupational program is designed to prepare students to enter the job force following completion. See Technical and Occupational Programs in the general information section of the catalog.
Drug Testing: Drug testings is required for all students in the Division of Health Professions. Each student must have a random drug test prior to the first clinical assignment. The fee will be paid with the tuition and other fees for the semester in the program where actual clinical assignments begin. Random drug tests will be done on a predetermined date. Any break in continuous enrollment will require an additional random test.
Special admission procedures required.
For application procedures please see our web page at: www.occc.edu/academics/programs/occupational-therapy-assistant.html
Special Admissions Procedures: Background Checks: Due to clinical agency requirements, the Division of Health Professions requires an extensive nationwide Background Report which includes, but not limited to, Oklahoma State Bureau of Investigation (OSBI) background searches for sex offender, violent offender, and criminal history. The student is responsible for the cost of the Background Report, which must be paid by credit card or money order only. Clinical agency representative(s) review the reports that have any criminal history (or "hits on the designated areas of concern"). The facility alone can accept or deny clinical access to a student. If a student is denied access to clinical sites, he/she will be unable to successfully complete the course or the program. Any breaks in continuous enrollment will require another complete Background Report.
All major courses have a clinical component that requires purchase of medical liability insurance, a clinical uniform (if applicable) and a physical (with completed health packet).
It is required that all OTA students complete Level II fieldwork within 18 months following completion of the academic preparation.
BIO 1314 - Human Anatomy and Physiology I  
Prerequisites: ENGL 0203 or adequate placement score or by meeting determined placement measures; MATH 0103 or adequate math placement test score. An adequate biology placement test score or BIO 0123 or a college-level biological science class. 
4 Credits  
Through a systematic study of the structure and function of the human body, its cells, tissues, organs and systems, the student will identify and describe basic anatomical structures and fundamental physiological processes that occur in health and disease for the major body systems. Laboratory work which requires dissection is an integral and required part of the course.

BIO 1414 - Human Anatomy and Physiology II  
Prerequisites: BIO 1314  
4 Credits  
With Human Anatomy & Physiology I as a foundation, the student will advance his or her study of the structure and function of the human body and will identify and describe more detailed anatomical structures and more comprehensive physiological processes that occur in health through a systematic survey of the major body systems. Laboratory work which requires dissection is an integral and required part of the course.

ENGL 1113 - English Composition I  
Prerequisites: ENGL 0203, adequate placement score, or by meeting determined placement measures 
3 Credits  
The student will write well-developed compositions which demonstrate the principles of unity, coherence, and organization and which contain specific details and vivid language. The students will locate library material and incorporate researched materials into compositions.

ENGL 1233 - Technical Writing for the Workplace  
Prerequisites: ENGL 1113 or ENGL 1103; MATH 0203 College Prep Math II or adequate Math Placement Test Score 
3 Credits  
This course will expose students to technical communication and will allow students to practice professional methods of writing in the workplace. In addition to constructing technical documents appropriate for use in professional and job-related environments, students will learn about rhetorical methods for presenting technical information in ethical and formal prose designed for clear and effective communication with employers and colleagues. This course will equip the student with written and oral communication skills necessary for sharing information and discussing content in professional settings; developing an awareness of technical genres; utilizing technological platforms for constructing documents; using visuals and graphics professionally; writing professional correspondence; constructing reports; designing project proposals, and composing instructions.

HIST 1493 - U.S. History 1877 to Present  
Prerequisites: ENGL 0203, adequate placement score, or by meeting determined placement measures 
3 Credits  
After analyzing events in American history from 1877 to the present in such areas as geographic and social mobility, political reform, government precedents and war, students will be able to identify patterns of present day mobility, describe governmental operations in their society and help resolve conflict in society based on the student’s search for change, precedents, and conflict in the American past. A general education requirement.

MATH 1503 - Contemporary Mathematics  
Prerequisites: MATH 0403 or adequate math placement score, Pre or Co-requisite ENGL 1113 or ENGL 1103 
3 Credits  
A study of the mathematics needed for critical evaluation of quantitative information and arguments (including logic, critical appraisal of graphs and tables); use of simple mathematical models, and an introduction to elementary statistics. This course satisfies the computer proficiency requirement.

OTA 1112 - Application of Leisure Occupation  
Prerequisites: Satisfied through the health profession application process 
3 Credits  
Through study, discussion, and classroom/laboratory activities, the student will develop an understanding of the various types of therapeutic interventions utilized in Occupational Therapy. Concepts and considerations in the use of orthotics and modalities are included in the course.

OTA 1123 - Historical and Contemporary Foundations in Occupational Therapy  
Prerequisites: Satisfied through the health profession application process 
3 Credits  
Through study, discussion, and field observation/participation, the student will (1) investigate a career choice in Occupational Therapy (2) gain an appreciation for The Model of Human Occupation (3) develop an understanding of the history and philosophy of Occupational Therapy with major emphases on contemporary roles, practice and functions and (4) investigate the role of the Occupational Therapy Assistant as part of the health care team. Level I fieldwork is included in the course.

OTA 1213 - Movement and Therapeutic Interventions  
3 Credits  
Through study, discussion, and classroom/laboratory activities, the student will apply assessment and evaluation concepts to human movement. The student will also develop an understanding of the various types of therapeutic interventions utilized in Occupational Therapy. Concepts and considerations in the use of orthotics and modalities are included in the course.

OTA 1223 - Human Conditions Impacting Occupation  
Prerequisites: Pre or Corequisite: OTA 1112; OTA 1123; BIO 1314; SOC 2143 
3 Credits  
Through study, discussion, and classroom presentation of human conditions, the student will develop an understanding of how each condition by itself, or with others, impacts an individual’s daily occupation, family, and/or community. The student will also develop a basic understanding of medical terminology.

OTA 1233 - Occupational Performance Birth Through Adolescence  
3 Credits  
Through study, discussion, and classroom/laboratory activities, the student will examine the development of sensory motor, cognitive, and psychosocial skills necessary for an individual’s occupational performance from birth through adolescence. The student will also acquire and demonstrate Occupational Therapy skills and techniques.
used in therapeutic intervention for selected deficits impacting occupational performance. Level I fieldwork is included in the course.

OTA 1242 - Occupational Therapy Service Skills
2 Credits Through study, discussion, and classroom activities, the student will (1) examine and discuss medical and legal aspects of intervention service programs (2) identify various types of medical and institutional records (3) apply skills in data gathering (4) effectively utilize various assessment tools and evaluations for intervention planning (5) demonstrate proper documentation utilizing verbal and written reports.

OTA 1252 - Group Dynamics
2 Credits Through study, discussion, and classroom/laboratory activities, the student will gain an understanding of group dynamics including the role of a group leader or facilitator. The student will demonstrate proficiency in using methods and materials for planning, organizing, and leading activities for groups of various sizes and ages in a variety of social and clinical/therapeutic situations.

OTA 1263 - Occupational Performance Adult Lifespan
3 Credits Through study, discussion, and classroom/laboratory activities, the student will examine the occupational performance, personal adaptation, work, leisure, and role changes occurring from early adulthood through the aging process. The student will examine the role of Occupational Therapy in wellness, aging in place, and end of life issues. Level I fieldwork is included in the course.

OTA 2141 - Special Topics and Fieldwork
1 Credit Through study, discussion, and classroom activities, the student will become familiar with Level II fieldwork expectations, performance evaluations, and the roles of the supervisor/supervisee. The student will also investigate personal topics specific to future Level II fieldwork assignments.

OTA 2143 - Professional Development and Support
3 Credits Through study, discussion, and classroom activities, the student will develop an understanding and application of concepts in administration, supervision, ethics, licensure, certification, and ongoing professional development in Occupational Therapy. The student will also demonstrate an understanding of the evolution of healthcare in the United States along with the norms and practices of diverse cultures as they relate to the delivery of healthcare services. This course satisfies the computer proficiency requirement.

OTA 2153 - Occupational Therapy for Psychosocial Conditions
3 Credits Through study, discussion, and classroom/laboratory activities, the student will be able to implement Occupational Therapy intervention plans with individuals impacted by specific psychosocial conditions. Level I fieldwork is included in the course.

OTA 2164 - Occupational Therapy for Physical Conditions
3 Credits Through study, discussion, and classroom/laboratory activities, the student will be able to implement Occupational Therapy intervention plans with individuals impacted by specific physical conditions. Level I fieldwork is included in the course.

OTA 2253 - Fieldwork II A
3 Credits The student will successfully complete eight weeks in an approved facility offering supervised Level II fieldwork experiences in the application of learned principles to the delivery of Occupational Therapy services.

OTA 2253 - Fieldwork II B
3 Credits The student will successfully complete eight weeks in an approved facility offering supervised Level II fieldwork experiences in the application of learned principles to the delivery of Occupational Therapy services. Fieldwork sites are different from Fieldwork II A and are utilized to broaden the student’s Level II experiential background.

POLSC 1113 - American Federal Government
Prerequisites: ENGL 0203, adequate placement score, or by meeting determined placement measures
3 Credits A study of the principles, structure, processes and functions of the United States federal government.

PSY 1113 - General Psychology
Prerequisites: ENGL 0203, adequate placement score, or by meeting determined placement measures
3 Credits A survey of the major areas of study in psychology such as motivation, learning, physiology, personality, social psychology, abnormal behavior, perception, memory, cognition/thought, and treatment.

PSY 2403 - Developmental Psychology
Prerequisites: PSY 1113
3 Credits A theoretical and research-based course that covers social, emotional, physical and cognitive aspects of human development throughout the life-span.

SCL 1001 - Success in College and Life
Prerequisites: ENGL 0106 or adequate reading/writing assessment scores
1 Credit Students will learn best practices for academic, career, and personal success. Students will discover their individual strengths, interests, and values to create a personalized plan; select and utilize resources that are applicable to their growth and success; and engage as active and responsible members of the academic community. This course should be taken during a student’s first semester of college work at Oklahoma City Community College and is a required course in degree plans to satisfy the Life Skills requirement.

SOC 2143 - Race and Ethnicity in the U.S.
Prerequisites: ENGL 0203, adequate placement score, or by meeting determined placement measures
3 Credits This course examines sociological theories of contact between minority and majority groups in a multicultural society, including topics such as prejudice, discrimination, acculturation, and pluralism.